

VANDANÂ **Homage**

Namo tassa bhagavato
arahato
sammasambuddhasa.

Homage to him the Exalted
One,
the Enlightened One,
the Supremely Awakened
One.

TI-SARANA **Three-fold Refuge**

Buddham Saranam
gacchami
Dhamman saranam
gacchami
Sangham saranam
gacchami

I go to the Buddha for
guidance
I go to the Dharma for
guidance

I go to the Sangha for
guidance

Namu Kie Butsu.
Namu Kie Hō.
Namu Kie Sō.

THREE **TREASURES**

Leader:
Hard is it to be born into
human life. Now we are
living it. Difficult is it to
hear the Teachings of the
Blessed One. Now we hear
it. If we do not realize the
Truth in this life, when will
it be realized? Let us
reverently take refuge in
the Three Treasures of the
Truth.

Everyone:
I TAKE REFUGE IN THE
BUDDHA.
May we absorb ourselves in
the principle of the Way to
Enlightenment and awaken
in ourselves the Supreme
Will.

I TAKE REFUGE IN THE
DHARMA.
May we be submerged in
the depths of the Doctrine
and gain wisdom as deep as
the ocean.

I TAKE REFUGE IN THE
SANGHA.
May we live in harmony in
the great assembly as
disciples of Buddha and be
freed from all hindrances,
becoming units of true
accord in the Life of
Harmony, in a spirit of

Universal Oneness, freed
from the bondage of
selfishness.

Leader:

Even through myriad ages
of kalpas hard is it to hear
such an excellent, profound
and wonderful doctrine.
Now, we are able to hear
and receive it. Let us
thoroughly understand the
true meaning of
Tathagata's Teaching.