

THREE TREASURES

Leader:

Hard is it to be born into human life. Now we are living it. Difficult is it to hear the Teachings of the Blessed One. Now we hear it. If we do not realize the Truth in this life, when will it be realized? Let us reverently take refuge in the Three Treasures of the Truth.

Everyone:

I TAKE REFUGE IN THE BUDDHA.

May we absorb ourselves in the principle of the Way to Enlightenment and awaken in ourselves the Supreme Will.

I TAKE REFUGE IN THE DHARMA.

May we be submerged in the depths of the Doctrine and gain wisdom as deep as the ocean.

I TAKE REFUGE IN THE SANGHA.

May we live in harmony in the great assembly as disciples of Buddha and be freed from all hindrances, becoming units of true accord in the Life of Harmony, in a spirit of Universal Oneness, freed from the bondage of selfishness.

Leader:

Even through myriad ages of kalpas hard is it to hear such an excellent, profound and wonderful doctrine. Now, we are able to hear and receive it. Let us thoroughly understand the true meaning of Tathagata's Teaching.