

Golden Chain



Southern Alameda County Buddhist Church
32975 Alvarado-Niles Road, Union City, CA 94587

Office: 510-471-2581
Email: sacbcoffice@gmail.com

Resident Minister: Rev. Dr. Takashi Miyaji
Mobile: 253.640.4224 / Email: gishin.tmiyaji@gmail.com

www.SACBC.org

AUGUST 2021

I am a link in the Buddha's golden chain of love that stretches around the world. I must keep my link bright and strong. I will try to be kind and gentle to every living thing and protect all who are weaker than myself. I will try to think pure and beautiful thoughts, to say pure and beautiful words, and to do pure and beautiful deeds, knowing that on what I do now depends not only my happiness or unhappiness, but also that of others. May every link in the Buddha's golden chain of love become bright and strong, and may we all attain perfect peace.

Taking Care of the Venue for the Buddha Dharma to Flourish

I hope everyone is enjoying the summer time as the heat is getting into full swing. Please stay safe and cool and be sure to drink a lot of water. On the other hand, let's try to find ways to conserve our water supply which is in a pretty bad situation right now. As we turn on the news and see the fires and stories about the drought, it is very troubling to think about what the future holds. Everything from our allergies getting worse because of the extra pollen that will be in the air, to the food supply being affected, fruits and vegetables not having as many nutrients as they did before, to the extinction of many species of animals, to the mass migration of people that we will start to see in the coming years, not to mention the wildfires and flooding in other parts of the country. It seems pretty clear that we need to do something drastic very soon in order to help mitigate the coming disasters.



I saw a documentary recently that questioned whether the baby boomer generation was to blame for this situation. Although my first inclination was to say "Hell YES!" after gathering myself together, I realize the problem cannot be pinned on just one generation. This has been long unfolding since the Industrial Revolution of the mid-19th century, and although the baby boomer generation might have been more proactive in curbing climate change through various initiatives, every generation is to blame for this present state of condition. The reason being that this stems from the problem of human being's egocentricity.

From a Shin Buddhist perspective, we are all in this together, and together, we have to work towards a world where we treat the home that we live in, with more care and the respect that it deserves. Taking on the problem of climate change might seem like something too overwhelming for one person to do. But like everything else, the change of one's attitude and mentality have to start small first: in the household. Let's start by saving water wherever we can. Let's start by admitting to ourselves that we need to act now. Let's start by refraining from thinking that some generation down the line is going to take care of this. Let's admit that we have all

made the mess and now, we all have to work together to clean it up. In order to create a world where the Buddha Dharma flourishes throughout, we need to have a world first! That will not be possible if we do not take care of this Earth. Taking care of this world means ensuring on our part that the teaching of Amida Buddha's Great Compassion will continue onto the generations to come. Gassho.

「仏法、広まれ！」が行われるように地球を守りましょう

夏の季節が続きますが、皆さんどうお過ごしでしょうか。熱中症にならないように、どうかお体を気をつけて、水をたくさんお飲みになって下さい。また、どうか水を無駄使いしないようにして下さい。ニュースを見ますと、山火事の回数が増え、そして西海岸の各地が水不足で大変深刻な状況になっているそうです。そして、水がなくなると、今度は花粉がたくさん広まり、植物も育たなくなり、植物の栄養が減少し、様々な種類の動物が絶滅するそうです。さらに今後、多くの人々が移動していくと予測されています。山火事や洪水がこれからひどくなっていき、その頻度が増えるでしょうと言われています。早速何かをしていかないといけないということが明らかになりました。

この間、ドキュメンタリーを見ていましたら、ベビーブーム世代の人たちのせいで現在の環境問題が起きているという話をしていました。私は、これを聞いて最初に「その通りだ！」と思いましたが、よく考えてみますと、この問題は一つの世代のせいにすることはできないだろうと思いなおしました。この問題は19世紀に始まった産業革命から少しずつ悪化していったので、一つの世代がその責任者にはならないと思いました。むしろ、これは人間の自己中心的な考え方から具体的に発生したものだと言えるでしょう。

浄土真宗から見ますと、この地球は我が家ですから、我々全てが共に協力していかなければならないと主張します。そして、互いにこの地を尊重し合って大事に扱わなければならないと言います。ただ、この問題は一人一人にとって大変すぎると思いますので、まず私一人の範囲でできることからやっていくことが出発点ではないかと思えます。たとえば家での使う水を大切にしていきましょう。また、後の世代がこの問題を抱えてくれると思わず、今から何かできることをしていこうと思うことが大事だと思います。「世の中安穩なれ、仏法広まれ」とご開山かいざんが言われましたが、その仏法が広まる場がなければ、無意味なことでしょう。この地球を守るということは、私たちが次の世代に阿彌陀如来あみだにょらいさま様の^{だいじひ}大慈悲の教えを伝えていけることにつながると信じていくことが大事ではないかと思えます。合掌。

PRESIDENT'S UPDATE

Dear SACBC Sangha,

As the COVID situation seems to be improving, we plan to resume live Sunday services on September 12 which will include an option to attend via Zoom. During the pandemic, our Zoom services were very well received and the plan is to continue them along with our live services. The hope is that more ways to attend services will reach a wider audience. However, we will need additional help at services to maintain our COVID protocols and to help Zoom our services. Our service announcements will have more information on how you can help out at our services.

Our COVID Task Force has been closely monitoring developments and has prepared a Health and Safety Protocol (which is included elsewhere in this Golden Chain) to guide us on how to safely re-open and resume activities. Our Facility Request Forms have also been updated to reflect our new COVID protocols. Some of our groups have already resumed activities this summer under our new procedures and the hope is to gradually return to our normal activities as safely as possible.

Thank you for your understanding and support during an unprecedented time Your generous donations have helped SACBC weather the COVID storm and we ask for your continued support and patience until things return to normal. Please take care and stay safe as we hopefully emerge from the pandemic.

In Gassho,

Ken



SACBC COVID-19 General Health and Safety Protocol

This protocol was prepared based on guidance on California's [State Public Health Officer Order of June 11, 2021](#)¹. This document serves as a guideline for SACBC members, sponsored and affiliated organizations, business partner(s), and facility rentals to follow to the best of your ability for the health and safety of all concerned.

- ◆ **Guidance for the Use of Face Coverings:** All individuals must follow the requirements in the [Guidance for Use of Face Coverings](#)² issued by the California Department of Public Health (CDPH).
 - Masks are **not required for fully vaccinated individuals, except:**
 - Indoors in K-12 schools, childcare, and other youth settings. Note: This may change as updated K-12 schools guidance is forthcoming.
 - Masks are **required for unvaccinated individuals** in indoor public settings such as the Hondo and Sangha Hall.
 - Exemptions to masks requirements are defined as:
 - Persons younger than two years old
 - Persons with a medical condition, mental health condition, or disability that prevents wearing a mask
 - Persons who are hearing impaired, or communicating with a person who is hearing impaired, where the ability to see the mouth is essential for communication
 - Persons for whom wearing a mask would create a risk to the person related to their work, as determined by local, state, or federal regulators or workplace safety guidelines
- **Facilities Entry to Hondo and Sangha Hall:**
 - Masks are required only for unvaccinated individuals³ to enter SACBC Facilities. Vaccinated individuals may self-attest they are in compliance prior to entry, either written or verbal self-attest
 - All personnel (e.g., minister, office manager, Sangha, organizations, contractors, volunteers, business partners, renters, etc.) shall conduct a self-assessment of COVID-⁴ symptoms prior to the entry to SACBC facilities and/or start of your event. Self-screening / self-attesting can be made following Alameda County Public Health Department's "[COVID-19 Screening Guidance for Businesses and Organizations](#)"⁵. Follow common sense—Stay home if you are sick or experiencing symptoms

June 22, 2021

¹ California Department of Public Health--State Public Health Officer Order of June 11, 2021 (<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID19/Order-of-the-State-Public-Health-Officer-Beyond-Blueprint.aspx>)

² California Department of Public Health—Guidance for the Use of Face Coverings – Effective June 15, 2021 (<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx>)

³ Alameda County Public Health Department “COVID-19 Screening Guidance for Businesses and Organizations”—updated April 28, 2021 (California Department of Public Health—Guidance for the Use of Face Coverings – Effective June 15, 2021 ([https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/guidance-for-face-coverings.aspx)

⁴ /guidance-for-face-coverings.aspx)

⁵ Alameda County Public Health Department “COVID-19 Screening Guidance for Businesses and Organizations”—updated April 28, 2021 (California Department of Public Health—Guidance for the Use of Face Coverings – Effective June 15, 2021 (<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID19/guidance-for-face-coverings.a>

- All affiliated organizations and rental organizers must have an approved SACBC Facility Use request along with their organization’s facility use and cleaning protocol and responsible individual who is responsible for ensuring compliance with all requirements
- All users of facilities will follow SACBC Cleaning Protocol for “daily” use. Pre and Post-clean of SACBC facilities shall be followed.

Approved:
SACBC COVID-19 Task Force

By: Kyle Yamasaki

6/22/2021

Signature

Date

By: Ken Suyama

6/22/2021

Signature

Date

BWA NEWS

by Nancy Minamide

Thank you for your quick response to vote for the Bay Area BWA donating \$250,000 to IBS to honor Ladies Eshinni and Kakushinni Professorial Chair (monies left over from the BWA World Conference – 2019). This was the first time SACBC – BWA used email to accomplish this feat. Thank you to Pat Takemoto for sending out the notification and tallying the votes. Also thank you to Terry Sato for making phone calls to garner votes. She and I tried to call those without email addresses. Our apologies if we overlooked anyone. If you have email but are not listed in our church directory, please let us know. The resolution passed with a simple majority of our membership.

If our church opens in the fall (September), please set aside October 2 for our first BWA meeting and book exchange, with refreshments. Continue to stay healthy and safe.



Services for August 2021

August 1, 2021 – July & August Shotsuki Hoyo
10 A.M.

At this monthly memorial service, we will honor those loved ones who passed away in the months of July and August.

Rev. Dr. Takashi Miyaji will officiate this service on Zoom.

Saturday, August 7 - Obon Cemetery Services

9 A.M. – Mt. Eden Cemetery, Hayward

9:40 A.M. – Lone Tree Cemetery, Hayward

10:20 – Chapel of the Chimes, Hayward (Courage Mausoleum)

11:30 P.M. – Irvington Cemetery, Fremont

12:10 P.M. – Cedar Lawn Memorial Park, Fremont

1:00 P.M. – Oakhill Cemetery, San Jose

(Note: Deadline to order Obon Bento Pick Up is today. See Flyer.)

August 8, 2021 – Hatsubon & Urabon-e Service
10 A.M.

At this memorial service, we will honor those loved ones who passed away since the Obon service in 2020.

Rev. Dr. Takashi Miyaji will officiate this service on Zoom.

August 15, 2021 – Family Service
10 A.M.

Rev. Dr. Takashi Miyaji will officiate this service on Zoom.

No Services on August 22, 29, or September 5, 2021

September Shotsuki will be on September 12, 2021

VIRTUAL OBON – August 14: Bento Pick Up @ 4-5:30 P.M. Live Stream 7-8 P.M.





JULY SHOTSUKI HOYO

Family, relatives and friends are invited to attend the **combined July-August** monthly memorial service for the following on **Sunday, August 1, 2021 at 10:00 AM**

DECEASED

FAMILY

	1927 Hagi Arai	Mr. Alan Arai & Mr. John Arai
1940	Shige Sekigahama	Sekigahama Family
1945	Eio Misaki	Mrs. Mary Misaki
1946	Yanazo Enta	Enta Family
1955	Sakuichi Sekigahama	Mr. Harry Sekigahama
1960	Hirokichi Asakawa	Mrs. Neile Mori-Tang
1972	Aki Katsumoto	Dr. & Mrs. Kiyoshi Katsumoto
	Jusuke Katsumoto	Dr. & Mrs. Kiyoshi Katsumoto
1975	Arthur Misaki	Mrs. Mary Misaki
1976	Kumezo Tsurui	Tsurui Family
1976	Yasu Hashimoto	Hashimoto Family
1977	William Floyd Lindeborg	Lindeborg Family
1982	Hideo Misaki	Mr. & Mrs. David Misaki
1984	Sally Kikuyo Handa	Handa Family
1985	Michi Nakamura	Mr. Stacy Nakamura
1985	Ito Kishiyama	Kishiyama Family
1986	Allyce Suzuko Fujii	Mr. Walter Fujii & Mr. Victor Fujii
1986	Misao Shimamura	Ms. Merry Shimamura
1986	Michael Dickson	Mrs. Mederu Aiko Dickson
1990	Tamae Kawata	Mr. & Mrs. Charles Kawata
1990	Suye Hatsushi	Mr. & Mrs. Masahito Hiramine & Mrs. Takiko Hatsushi
1991	Norman Kiyoshi Yoritata	Mr. Norman Yoritata Jr.
1995	George Awamura	Mrs. Shizuye Awamura
1996	Estelle Biggs	Mr. Michael Biggs
2001	Shigeo Kitani	Kitani Family
2001	Roy Inouye	Mrs. Jenny Clark
2002	Tadayoshi Kamimura	Mr. & Mrs. Hiroshi Teramura
2003	Paul Yoshio Takayama	Mrs. Midori Hamamoto & Mr. Mike Takayama
2003	Shizue Robertson	Mrs. Sadako Wong
2004	Toshiko Hirashima	Ms. Nancy Teruko Dodd
2005	Miyako Gatriex	Gatriex Family
2005	Haruye Alice Arai	Mr. Alan Arai & Mr. John Arai
2006	Rei Sakai	Mrs. Joyce Hirabayashi
2008	Yukie Nomura	Mrs. Patricia Ueda & Mr. Ray Nomura
2010	Sadako Kawamoto	Kawamoto Family
2013	Yoshiko Furuyama	Mr. Matsuo Furuyama
2013	Minne F. Sakuma	Ms. Susan Sakuma
2014	Chimako Takayama	Mrs. Midori Hamamoto & Mr. Mike Takayama
2016	Harry Fujita	Fujita Family
2017	Shizuo Harada	Mrs. Yuki Hayashi
	Risaburo Hashimoto	Ando Family
2019	Haruko Kawahara	Mr. Keith Kawahara

*****Memori

al Service 2021

Memorial year for those who passed away in:

2020 – 1 year	2009 – 13 year	1989 – 33 year
2019 – 3 year	2005 – 17 year	1972 – 50 year
2015 – 7 year	1997 – 25 year	1922 – 100 year

If this is a special service year for a departed relative, please contact the church office at (510) 471-2581 to schedule a memorial service.

SACBC'S BEC BOOKSTORE

For the convenience of our Sangha, we have ojuzu's, incense, candles and a large assortment of books including the Collected Works of Shinran, Ocean and many more available for purchase in the SACBC Office.



Please contact Victoria Consul to arrange pickup of the any items you want. We also have several Butsudan's. If you are interested, please contact Victoria to arrange an opportunity to see them. Office phone is (510) 471-2581 to make an appointment.



AmazonSmile is a simple and automatic way to support us at NO COST TO YOU!

Simple go to smile.amazon.com or to the direct link: <http://smile.amazon.com/ch/94-1652028>. On your first visit, select Southern Alameda County Buddhist Church as your charity organization BEFORE you start shopping.

Choose from tens of millions of products that are marked "Eligible for Donation". For each purchase you make, Amazon will donate 0.5% of the purchase price (less rebates, shipping, taxes & service charges) to our organization by electronic funds transfer each quarter.

You can use your EXISTING Amazon Account on AmazonSmile so there's no need to create a new account!
It's that easy and simple!

Remember, every penny helps fund our organization so you can enjoy a guilt free shopping experience!

Note: The donations are made by the AmazonSmile Foundation and are NOT tax deductible to you.



SACBC Obon Festival 2021 Home Edition August 14, 2021

Don't miss out on SACBC Obon Shirts & Towels, Delicious Bentos and a YouTube Live Stream!

Bento pick-up: 4:00-5:30 PM (Pre-order only, please order by 8/7)

YouTube Live Stream: 7:00-8:00 PM

YT Live Stream will include cooking demonstrations, Obon dancing and live Q&A with
Rev. Dr. Takashi Miyaji, Karen Suyama and Chef Royce Mori

Find us on YouTube at : <https://www.youtube.com/SouthernAlamedaCountyBuddhistChurch>

BENTO MENU SELECTIONS

Option 1: Garlic-Soy Chicken Wings

Reverend Miyaji's Famous Yaki Udon, Dashi Braised Daikon,
Spinach Goma-ae and Steamed White Rice

For Dessert: Dark Chocolate Lava Cake (Bake at home, instructions provided.) **\$24**

Option 2: Grilled Hamachi Kama

Reverend Miyaji's Famous Yaki Udon, Dashi Braised Daikon,
Spinach Goma-ae and Steamed White Rice

For Dessert: Dark Chocolate Lava Cake (Bake at home, instructions provided.) **\$24**

Option 3: Wok Fired Eggplant & Tofu in Roasted Garlic Sauce

Reverend Miyaji's Famous Yaki Udon, Soy Braised Kabocha,
Spinach Goma-ae and Steamed White Rice

For Dessert: Dark Chocolate Lava Cake (Bake at home, instructions provided.) **\$20**

E-mail questions for ordering bentos and shirts/towels to: SACBCoffice@gmail.com.



SACBC Obon Festival 2021 Home Edition Souvenir Ordering Instructions

To order: Use the links provided below to order online or call and leave a message at church: 510-471-2581 or Email: SACBCOffice@gmail.com

Order deadline: July 28, 2021 by 3 PM

Pick Up: August 14, 2021 between 4:00 - 5:30 PM at: SACBC, 32975 Alvarado-Niles Road, Union City, CA 94587

Payment: There are five options for paying:

Payal or Venmo: sacbc.treasurer1@gmail.com

Credit card: VISA, Mastercard (will be processed onsite during pick up)

Check made out to: SACBC or Cash (Exact amount pls) in a sealed envelope with your name and address on the outside.

T-SHIRT & TENUGUI SELECTIONS

(See attached flyers for style & sizing information)

Silver Youth Shirt: \$16

Silver Women's Shirt: \$20

Silver Men's Shirt: \$20

Lucky Charms Tenugui: \$16

Plum Pink Tenugui: \$16

[Order T-Shirt & Tenugui Here](#)

BENTO MENU SELECTIONS

Option 1: Garlic-Soy Chicken Wings

Reverend Miyaji's Famous Yaki Udon, Dashi Braised Daikon,
Spinach Goma-ae and Steamed White Rice

For Dessert: Dark Chocolate Lava Cake (Bake at home, instructions provided.) **\$24**

Option 2: Grilled Hamachi Kama

Reverend Miyaji's Famous Yaki Udon, Dashi Braised Daikon,
Spinach Goma-ae and Steamed White Rice

For Dessert: Dark Chocolate Lava Cake (Bake at home, instructions provided.) **\$24**

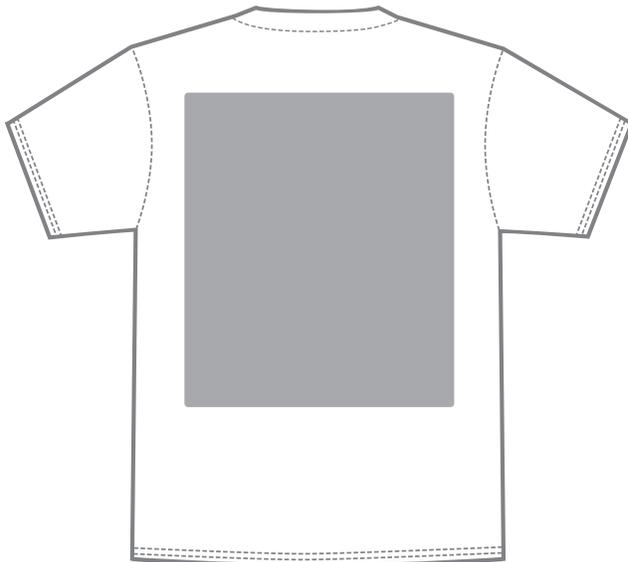
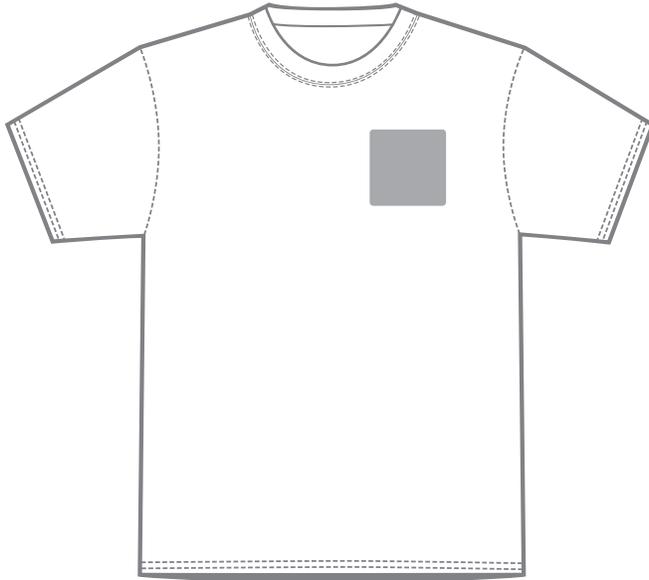
Option 3: Wok Fired Eggplant & Tofu in Roasted Garlic Sauce

Reverend Miyaji's Famous Yaki Udon, Soy Braised Kabocha,
Spinach Goma-ae and Steamed White Rice

For Dessert: Dark Chocolate Lava Cake (Bake at home, instructions provided.) **\$20**

[Order Bentos Here](#)

E-mail questions for ordering bentos and shirts/towels to: SACBCoffice@gmail.com.

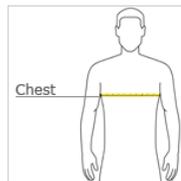


MEN'S T-SHIRT:

- 4.5-ounce, 100% ring spun cotton



HOW TO MEASURE



CHEST WIDTH

Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

SIZE CHART

	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
Chest	35-37	38-40	41-43	44-46	47-49	50-53	54-57	58-60	61-63

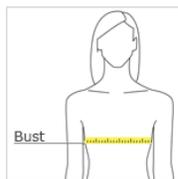


LADIES T-SHIRT:

- 4.5-ounce, 100% ring spun cotton
- Ladies fashion fit



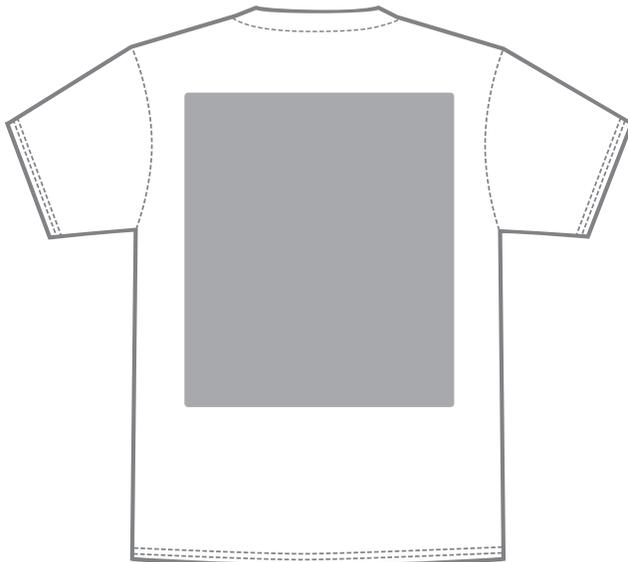
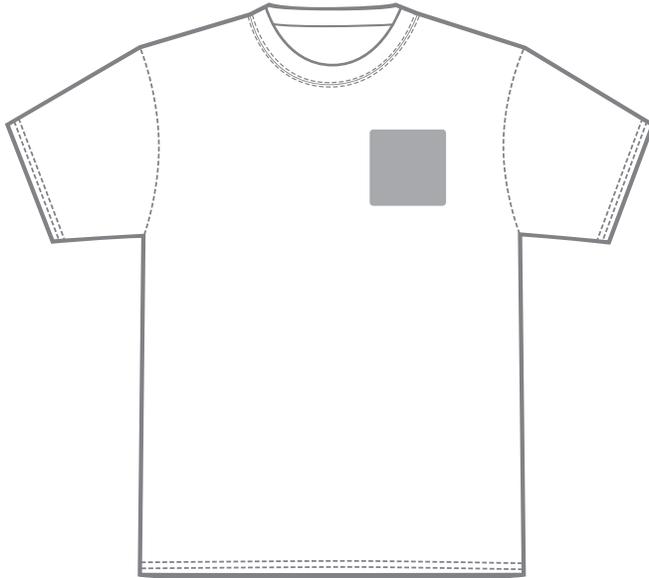
HOW TO MEASURE



BUST
Measure under the arm and around the fullest part of the bust with arms down, keeping tape horizontal.

SIZE CHART

	XS	S	M	L	XL	XXL	3XL	4XL
Size	2	4/6	8/10	12/14	16/18	20/22	24/26	28/30
Bust	32-34	35-36	37-38	39-41	42-44	45-47	48-51	52-55

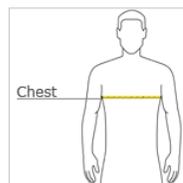


YOUTH'S T-SHIRT:

- 3.8-ounce, 100% polyester
- UPF50
- Dry Zone[®] moisture-wicking technology



HOW TO MEASURE



CHEST WIDTH

Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

SIZE CHART

	XS	S	M	L	XL
Size	4	6/8	10/12	14/16	18/20
Chest	25-26	26-28	28-30	30-32	32-35



Design: Plum Pink



Design: Lucky Charms

TENUGUI TOWEL:

- Cotton 100%
- 13inch x 35.5inch
- Made in Japan



SACBC Bento Fundraiser by Chef Royce Mori

Wednesdays: August 4, 11, 18, 25 @ 3 – 4 PM

SACBC and Chef Royce are continuing the Pick-Up Bento service to SACBC Members (Wednesdays only).

To order: Call and leave a message at church: 510-471-2581 or Email: SACBCOffice@gmail.com

Order deadline: Mondays at NOON! No late orders, please.

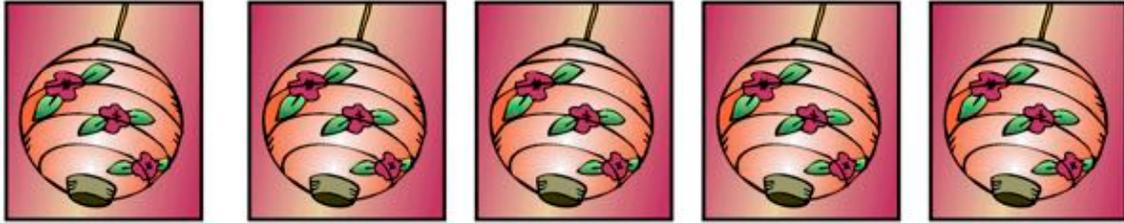
Pick Up: Wednesdays, 3PM – 4 PM. Sangha Hall Lobby (Runners will bring food out to the cars), SACBC, 32975 Alvarado-Niles Road, Union City, CA

Payment: There are five options for paying:

- Paypal or Venmo: sacbc.treasurer1@gmail.com
- Credit card: VISA, Mastercard (will be processed onsite during pick up)
- Check made out to SACBC, or Cash (Exact amount please. No change will be given.) in a sealed envelope with your name & address on the outside.

AUGUST MENU

PICK UP	MEAT	VEGETARIAN
Aug. 4	Loco Moco (Chef Royce Style) \$18 Served with Mixed Green Salad w/Creamy Thai Basil Dressing Specially Seasoned Hamburger Patty over Garlic Rice and topped with two Over Easy Eggs and Brown Gravy, Portuguese Sausage and Mac Salad	Chili Lobster (mild) over Garlic Noodles \$19 A twist on a Singaporean Classic! Served with Mixed Green Salad w/Creamy Thai Basil Dressing Wok Fired Chinese Long Beans and Steamed White Rice
Aug. 11	Tonkatsu \$17 Served with Cabbage Salad w/Creamy Miso Dressing, Sesame Green Beans and Steamed White Rice	Ebi Fry Curry (Panko Crusted Shrimp) \$17 Served with Cabbage Salad w/Creamy Miso Dressing, Vegetable Curry and Steamed White Rice
Aug. 18	Pork Rib Stew w/Daikon & Kabocha \$17 Served with Mixed Green Salad w/Sesame Dressing Korokke (potato croquette) and Steamed White Rice	Tiger Prawn Salad \$17 Served with Mixed Greens under a bed of Fresh Ramen Noodles topped with poached Tiger Prawns, Kamaboko, Red Bell Peppers, Soft Boiled Egg & Crispy Shallots w/Sesame-soy Dressing
Aug. 25	Chicken Kara-age \$17 Served with Mixed Green Salad w/Ume Dressing Miso Glazed Eggplant, Roasted Broccoli w/Bacon and Caramelized Onions, and Steamed White Rice	Roasted Hamachi Kama \$18 Served with Mixed Green Salad w/Ume Dressing Miso Glazed Eggplant, Roasted Broccoli and Caramelized Onions, and Steamed White Rice Note: Hamachi Kama served with Oroshi & Lemon



AUGUST EVENTS

- Sun. 1st Shotsuki Hoyo for July & August
- Sat. 7th Obon Cemetery Services
 Deadline for ordering Obon Bento
- Sun. 8th Hatsubon & Urabon-e Service
- Sat. 14th Obon Festival (virtual) & Bento pick-up
- Sun. 15th Family Service

••• No services on Aug. 22, 29 or Sept. 5 •••

ALL SUNDAY SERVICES START AT 10:00 AM VIA ZOOM
Meeting ID: 818 7869 6300
Passcode: 549504